

North East Little League

P.O. Box 161
1285 Turkey Point Road
North East, Maryland 21901

Maryland District 5

2021 Safety Plan

North East Little League Mission Statement

North East Little League (NELL) Is A Non-Profit Organization Run By Volunteers Whose Mission Is To Provide A Safe and Friendly Opportunity For Our Community's Children to Increase Self-Confidence, Learn Teamwork, and Improve Sportsmanship Through Learning and Playing the Games Of Baseball and Softball.

Table of Contents

Safety Program Overview	-----	3
Purpose		
History		
Administration	-----	4
Board of Directors	-----	5
Awareness	-----	6-12
Education	-----	6
Code of Ethics/Conduct	-----	7
Safety Code	-----	7-9
Lightning Procedure	-----	9
Expectations	-----	10
Emergencies	-----	11
Injury Reporting Procedure	-----	12
Emergency Procedure	-----	12
Facilities & Equipment	-----	13-15
Equipment	-----	13
Fields & Facilities	-----	13-14
Concessions	-----	14
Data and Personal Information Security	-----	15
Conclusions	-----	16
Facility Survey	-----	Completed Online
Appendix A:	-----	Complex Map
Appendix B:	-----	Umpire Guidelines
Appendix C:	-----	AIG Accident Notification Form
Appendix D:	-----	Incident/Injury Tracking Report
Appendix E:	-----	Lightning Detector Instructions
Appendix F:	-----	Concussion Awareness Handout
Appendix G:	-----	Medical Release Form
Appendix H:	-----	Little League Insurance
Appendix I:	-----	Protecting Child from Sexual Abuse
Appendix J:	-----	Covid 19 Additional Plans

❖ Program Overview

The responsibility for our league's Safety Plan belongs to every adult member of North East Little League and should be taken seriously and passed on to our youth with a sense of pride.

• Safety Plan Purpose

The North East Little League (NELL) Safety plan serves two primary purposes.

- Develop a Safety Manual for communicating safety awareness, responsibilities and guidelines to all League volunteers and members - players, managers, coaches, umpires and spectators.
- Provide a comprehensive safety plan that is compliant with the requirements for a "Qualified Safety Program" as defined by the ASAP Safety Program (see below) and that will serve as a planning tool to build a stronger safety plan for NELL each year.

Little League has 15 requirements for a qualified safety plan:

- Assignment of a Safety Officer
- Safety Manual Distribution
- Emergency Plan
- Volunteer Application
- Fundamentals Training
- First Aid Training
- Check Field Conditions
- Facility Survey - Online
- Concession Stand Safety
- Equipment Check
- Accident Reporting
- First-Aid Kits
- Enforce Little League Rules
- Player/Coach Data
- Answer Survey Question

A Safety Awareness Program (ASAP)

ASAP - What is it? In 1995, ASAP (A Safety Awareness Program) was introduced with the goal of re-emphasizing the position of Safety Officer "to create awareness, through education and information, of the opportunities to provide a safer environment for kids and all participants of Little League Baseball". This manual is offered as a tool to place some important information at volunteers, managers and coaches' finger-tips.

•

Administration

- ❖ The Safety Officer for NELL is an elected Member of the NELL Board of Directors and is registered with Little League Headquarters. The 2020 Safety Officer for NELL is Paul Lane. With assistance and cooperation from the Board of Directors, the Safety Officer will prepare the Safety Plan for NELL.
- ❖ The League President and Safety Officer have primary responsibility to insure the League complies with the Safety Plan. However, the entire NELL Board of Directors and volunteers share the responsibility to promote the awareness and compliance as well.
- ❖ After NELL Board Approval, the NELL Safety Plan will be reviewed by the District Safety Officer and/or District Administrator and submitted to Little League headquarters in Williamsport. In addition, the plan will be available for other District 5 leagues to review in order to keep "safety" a priority for the whole District 5 area and share ideas and concepts.
- ❖ The approved Safety Plan will be posted on the league website and will be available to all Members and Volunteers.
- ❖ The Safety Officer will monitor league and team compliance with the Safety Plan and make revisions or amendments as needed. Suggestions on ways to improve the safety of NELL are always welcomed and can be submitted via email or comments in the concession stand.
- ❖ The NELL Board of Directors will ensure that all volunteers of NELL have completed the official **Little League Volunteer Application online Form** and all applications are checked against a nationwide list of SORs (Sexual Offender Registries) and a criminal background check through Little League's approved background check service provider. This is done yearly for all volunteers with repetitive access to or contact with players or teams - **NO EXCEPTIONS**.
- ❖ Player, Manager, and Coach Registration data will be uploaded to the Little League Data Center by April 1st.

North East Little League 2021 Safety Program

❖ 2021 North East Little League Board of Directors

POSITION	2020 BOARD MEMBERS	EMAIL
President	Paul Lane	nellfallball@gmail.com
Vice President	Martin Thompson	mthompsonjr78@comcast.net
Secretary/Scheduler	Beverly Thompson	tripletsmom@comcast.net
Treasurer	Beverly Thompson	tripletsmom@comcast.net
Player Agent - Baseball	Vacant	
Player Agent - Softball	Vacant	
Player Agent - Instructional	Martin Thompson Jr	mthompsonjr78@comcast.net
Player Agent - T-Ball & Sunshine	Vacant	
Concessions	Vacant	
Facilities Director	Vacant	mthompsonjr78@comcast.net
Fields Director	Martin Thompson Jr	
Security Officer	Paul Lane	nellfallball@gmail.com
Umpire in Chief	Dennis Mistler	redsmistler@gmail.com
Webmaster	Vacant	mommaduks@icloud.com
Equipment Manager	Krystal Zellner	krystal_zellner@hotmail.com
Fund Raising/Public Relations	Vacant	

****We are on the "WEB"****

<http://www.northeastlittleleague.club>

<https://www.facebook.com/NorthEastLittleLeague>

www.littleleague.org

Education - Awareness

Education

NELL is only successful and functional because of the support and dedication of our volunteers, managers, coaches, and parents. One of the keys to keeping a dedicated volunteer corps is to provide continued support and education. NELL has scheduled the following educational opportunities for our volunteers.

General Managers & Coaches Meeting : (March 20, 2021 at NELL Complex) This is a mandatory meeting for all new Managers and open to all Coaches & other NELL volunteers. The following information will be disseminated at this meeting:

- A general overview of the requirements/expectations of their roles and responsibilities
- A general overview of the Safety Plan
- General League business will also be conducted.

Managers and Coaches Fundamental Training: Little League International training resources are available online at <https://www.littleleague.org/coaches/>. Managers and coaches are encouraged to frequent this site for up to date rules information and coaching/training drills. Player Agents are available as a resource to Managers and will follow up and ensure that Managers are following the age appropriate skills program for their division. Additionally, Volunteers are encouraged to be trained and proficient in basic first aid, concussion awareness and Child Abuse recognition.

General Divisional/Team Meetings : (March 27, 2021 at the North East Complex) The parents/guardians/coaches of NELL players are also an integral part of the success of whole Little League experience including the Safety Program.

Parents/guardians/coaches will attend a Team Meeting for their child/players at which time the following will be discussed:

- Roles & Responsibilities
- Little League Insurance Information
- Access to the online safety plan.
- League local rules, guidelines, and expectations (vary by division)
- Parents/guardians will have access to the NELL Safety Code and NELL General Code of Ethics & Conduct.
- Emphasis on keeping communication lines open.

North East Little League
2021 Safety Program
Awareness - Codes of Conduct & Safety

Another goal of NELL is to prepare young people for life experiences by stressing good sportsmanship and teamwork, respecting others and themselves and being tolerant of those with differences, being safe and looking out for the safety of others and striving for excellence. In order to do so, the adults in the organization must also value and exhibit these traits. NELL has established and published the following codes of conduct as part of our Safety Plan.

NELL CODE of ETHICS & CONDUCT

North East Little League has adopted the following *Code of Conduct*. All members of NELL, board members, managers, coaches, parents, players, umpires and spectators must uphold and follow this Code of Conduct.

BOARD MEMBERS, MANAGERS, COACHES, PLAYERS, PARENTS & SPECTATORS

1. NO ONE will lay a hand upon, push, shove, strike or threaten to strike anyone within the NELL program including but not limited to officials, managers, coaches, players, parents, spectators or board members.
2. NO ONE will use verbal abuse toward any official for any belief of wrong decision or judgment.
3. NO ONE will throw gloves, helmets, hats, bats, balls or demonstrate any unsportsman-like behavior.
4. NO ONE will use unnecessary rough tactics against an opposing team.
5. NO ONE will use profane, obscene or vulgar language or gestures at practices, games, etc.
6. NO ONE will be on the NELL complex while intoxicated, taking unprescribed drugs, or consuming alcohol at any time.
7. NO ONE will smoke or vape within the fenced area or designated field of play or dugouts at any time.
8. NO ONE will speak to or at a spectator in a derogatory or abusive manner.
9. NO ONE will speak disrespectfully to another manager or coach including officials and board representatives of NELL.
10. NO ONE will tamper or manipulate any league roster, schedule, draft positions/selection, official score books and ranking.
11. NO ONE will challenge an umpire's authority. The umpire does have the right to eject you from the game.

Respect Each Other and Yourself

NELL SAFETY CODE

North East Little League has mandated the following *Safety Code*. All managers and coaches will read this *Safety Code* and explain it to the players on their team. Remember: Responsibility for safety procedures belong to every adult member of North East Little League.

1. Each player, manager, designated coach, umpire, volunteer shall use proper reasoning and care to prevent injury to himself/herself and to others.
2. All volunteers are required to have a background check.
3. Only league approved managers and/or coaches are allowed to be on the field/in dugouts.

North East Little League 2021 Safety Program

4. Only players, managers, coaches and umpires are permitted on the playing field or in the dugout during games and practice sessions.
5. Each manager has access to a FIRST AID KIT located on each field and in the concession stand; it should be readily accessible for all games and practices. The equipment manager will replenish First Aid kits as necessary.
6. No games or practices will be held when weather or field conditions are poor, particularly when lightning is inadequate. Please check the website for field closures and follow the lightning awareness procedure.
7. Play area will be inspected by Managers/Umpires before games and practices for holes, damage, stones, glass and other foreign objects. Problems should be reported to the Fields Director.
8. Equipment should be inspected regularly for general condition as well as for proper fit.
 - Make sure that the equipment issued to you is appropriate for the age and size of the kids on your team. If it is not, get replacements from the Equipment Manager.
9. Batters must wear Little League approved protective helmets that bear the NOCSAE seal during batting practice and games. Managers should encourage the use of faceguards on helmets.
10. Current Little League bat regulation are posted on Little League International website. Managers are responsible for ensuring that all bats used by their team meet the current regulation.
11. Team equipment should be stored within the team dugout or behind screens, and not within the area defined by the umpires as "in play".
12. Make sure that players respect the equipment that is issued.
13. Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team's manager and designated coaches.
14. During practice and games, all players should be alert and watching the batter on each pitch.
15. During warm-up drills, players should be spaced so that no one is endangered by wild throws or missed catches.
16. All pre-game warm-ups should be performed within the confines of the playing field and not within areas that are frequented by spectators so not to endanger them (i.e., playing catch, pepper, swinging bats etc).
17. Except when a runner is returning to a base, "head first" slides are not permitted - EXCEPT JR/SR DIVISIONS.
18. At no time should "horse play" be permitted on the playing field or in the dugouts.
19. Parents of players who wear glasses should be encouraged to provide "safety glasses" for their children.
20. On-deck batters are not permitted EXCEPT in Jr/Sr Divisions.
21. All male catchers will wear cups during all games and practices. Managers should encourage all players to wear athletic supports or cups at all practices and games also.
22. All catchers must wear full equipment including catcher helmet with dangling throat guard, all of which must meet Little League specifications and standards. This applies between innings and in the bull-pen during a game and also during practices.
23. Managers should encourage players, especially infielders, to wear mouth guards.
24. Players will not wear watches, rings, pins, jewelry or other metallic or plastic items during practices or games. (Exception: Jewelry that alerts medical personnel to a specific condition is permissible and this must be taped in place)
25. Managers will never leave an unattended child at a practice or game. Managers will make all attempts to have a third person present at all times.
26. Never hesitate to report any present or potential safety hazard to the NELL Safety Officer immediately.
27. Make arrangements to have a cellular phone available when a game or practice is at a facility that does not have public phones.
28. DRIVE SLOWLY while on the roadways and parking lots within the complex.
29. No alcohol or unprescribed drugs allowed on the premises at any time.

North East Little League

2021 Safety Program

30. No playing in the parking lots at any time.
31. No swinging bats or throwing balls at any time within the walkways and common areas of the complex.
32. No throwing rocks.
33. No climbing fences or buildings.
34. Players and spectators should be alert at all times for foul balls and errant throws.
35. No one under age 16 is permitted in the Snack Bar. Except for emergencies.
36. Respect the game. i.e. Properly uniformed with LL patch, hat on correctly, jersey tucked in, no excessive chanting or taunting.

Weather/Lightning

Poor weather conditions can arise quickly during games and practices. One of the primary concerns is lightning and player safety. The following guideline is for our Managers and Coaches to follow for changes in weather conditions during games and practices.

If lightning is seen in the vicinity of NELL the following procedures will be followed.

- **IMMEDIATELY REMOVE ALL PLAYERS from the fields and dugout areas and have them shelter in their vehicles.**
 - **The Managers and Coaches should do their best to ensure that everyone gets to shelter, away from the open fields and dugouts.**
- **If the CONCESSIONS is OPEN:**
 1. A Lightning Detection device will be mounted and turned on when the concession stand is opened on all game days. The concession stand manager or designate will monitor the device during concession operations. Two air horns (at least 1 new) will be stored in the concession stand at all times. Instructions for use will be posted.
 2. The Safety Officer will inspect the lightning detector and air horns.
 3. When the device sounds an alarm of lightning within 10 miles an AIRHORN inside the CONCESSIONS entry door will be used to indicate Impending Bad Weather/Lightning.
 4. BLOW THE AIR HORN 3 TIMES to ALARM all others at the COMPLEX to CLEAR FIELDS & DUGOUTS and for Managers to meet at CONCESSIONS.
 5. Managers/Coaches should collectively assess the weather and determine if conditions are appropriate to continue play.
 6. Play cannot resume until 30 minutes from the last lightning seen. Sound the AIR HORN 5 times as an ALL CLEAR - RESUME PLAY message.
- **If the CONCESSION is CLOSED or during PRACTICE:**
 1. Once teams are safely off of the fields and out of the dugouts, go to the other teams on the complex and let them know of the impending weather situation.
 2. If a Manager/Coach is notified by another team that lightning is in the vicinity, he/she must comply with the policy for stopping play/practice and seeking shelter in vehicles.
 3. Managers/Coaches should collectively assess the weather and determine if conditions are appropriate to continue play.
 4. Play cannot resume until 30 minutes from the last lightning seen.
 5. Always err on the side of caution and clear the fields if the weather looks bad; weather travels quickly up the river.

Expectations

The following describe the expectations of coaches, managers, players and guests of the players at NELL.

As a Coach/Mgr - What Do I Expect From My Players?

- To be on time for all practices and games.
- To always do their best whether in the field or on the bench.
- To be cooperative at all times and share team duties.
- To respect not only others, but themselves as well.
- To be positive with teammates at all times.
- To try not to become upset at their own mistakes or those of others. We will all make our share of mistakes this year and we must support one another.
- To understand that winning is only important if you can accept losing, as both are important parts of any sport.
- Clean up all trash in the dugout after every game/practice.
- Assist with grooming the field after all games and practices

As a Parent/Player - What You and Your Child can Expect from Managers and Coaches?

- To be on time for all practices and games.
- To be as fair as possible in giving playing time for all players.
- To do my best to teach the fundamentals of the game.
- To be positive and respect each child as an individual.
- To set reasonable expectations for each child and the season.
- To teach the players the value of winning and losing.
- To be open to ideas, suggestions, or help.
- To never holler at any member of my team, the opposing teams, or umpires. Any confrontation will be handled in a respectful, quiet, and individual manner.
- Possess all players medical release forms during regular and tournament seasons.
- Possess basic first aid training, concussion awareness training and child abuse recognition.
- Comply with all Little League rules and responsibilities to include local bi-laws.

As a Coach/Mgr - What Do I Expect From You as Parents and Family?

- To come out and enjoy the game. Cheer to make all players feel important.
- To allow me to coach and run the team.
- To try not to question my leadership. All players will make mistakes and so will I.
- Do not yell at the players, the umpires, or me. We are all responsible for setting examples for our children. We must be the role models in society today. If we eliminate negative comments, the children will have an opportunity to play without any unnecessary pressures and will learn the value of sportsmanship.
- If you wish to question my strategies or leadership, please do not do so in front of the players or fans. My phone number will be available for you to call me at any time if you have a concern. It will also be available if you wish to offer your services at practice. A helping hand is always welcome.
- Stay outside of playing area during games and practice.
- A parent must provide a doctor's release note for all injuries requiring medical attention before a player can return to play.

Learn from Mistakes

Finally, do not expect the majority of children playing Little League baseball to have strong skills. We hear all our lives that we learn from our mistakes. Let's allow them to make their mistakes, but always be there with positive support to lift their spirits!

Emergency - Awareness

Awareness - General Information

- NELL provides all managers a copy of the Safety plan via email. It is also available on the website for viewing and download.
- Any player requiring medical attention must provide a doctors release note before returning to play.
- All volunteers are expected to acquire basic first aid training.
Examples of online training are available at:
https://ecprcertification.com/index.php/page/firstaid_intro?msclkid=6a2e3b3805fe1c07da18675857483701
- All volunteers working with minors are expected to complete the follow course in order to be able to identify child abuse/neglect and know how to properly report to the authorities.
Training is available at
<https://nfhslearn.com/courses/61157/protecting-students-from-abuse>
- Managers and Umpires are expected to have a general understanding on the seriousness of concussion awareness and be able to identify the symptoms.
Training is available at
<https://www.cdc.gov/headsup/youthsports/training/index.html>
https://nfhslearn.com/self_courses/7786001/concussion_in_sports

*** Prior to Opening Day of each season, Managers are required to acknowledge via an email to the Player Agent of their division that they have completed training requirements for fundamentals, first aid, concussion and child abuse.

Awareness - Injury Reporting

The AIG policy offered to all Little Leagues meets all requirements below:

- Required Coverage Limits • Accident Insurance: \$100,000 per player per accident
- General Liability Insurance: \$1,000,000 per occurrence and must include coverage for athletic participants and sexual abuse and molestation
- NELL is named as an insured - Little League Baseball, Incorporated must be an additional insured.

The Sunshine group is external to Little League International and is offered as an additional division for younger players that do not meet Little League age requirements. NELL is required to purchase supplemental sports and recreation insurance for this division. A copy of the policy and certificate of liability is maintained by the board.

All organizations renting NELL facilities must list NELL as a named insured before any activities occur on the premise.

North East Little League 2021 Safety Program

What to report:

Any incident related to Little League activity that causes any player, manager, coach, umpire, or volunteer to receive medical treatment and/or first aid must be reported to the Safety Officer. This includes even passive treatments such as the evaluation and diagnosis of the extent of the injury.

While "near-misses" do not need officially reported, they should be discussed and brought to the Safety Officers attention. This will help with continuous improvement processes for NELL's Safety Plan.

When to report:

All such incidents described above must be reported to the Safety Officer and/or League President within 24 hours of the incident.

How to make a report:

The Safety Officer will assist the Manager in completing the required forms. Accident/Injury Tracking forms and Accident Notification forms are available in the appendix of this safety Plan. Managers should complete them to the best of their ability and return them to the Safety Officer. At a minimum, the following information must be provided in order to make a report:

- The name and phone number of the individual involved.
- The date, time, location, & description of the incident (what happened).
- The preliminary estimation of the extent of any injuries.
- The name and phone number of the person reporting the incident.

Why make a report?

By tracking and trending our injuries, NELL will be able to target areas for "safety improvements" year to year. The Safety Officer will report and track all injuries and near-misses to the NELL Board of Directors and use the information to further enhance the Safety program at NELL.

Awareness - Emergency Procedures

• Emergency Procedures:

- **DO NOT GO BEYOND YOUR CAPABILITES - KNOW YOUR LIMITS!**
- **Provide immediate first aid care.**
- **CALL 911 if an ambulance is necessary.**
- **Notify parents or legal guardian of injury if parent/guardian is not present.**
- **Contact the NELL Safety Officer and/or League President within 24 hours of the injury.**
Paul Lane-President/Security Officer 302-545-2122

Emergency Contact Numbers:

EMERGENCY	911
Cecil Co. Fire & Ambulance	410.398.3815
North East Police Dept.	410.287.5996
North East Fire Dept.	410.287.8222
Maryland State Police	410.398.8101
Cecil Co. Sheriff	410.398.3344
Union Hospital/Elkton	410.398.4000
Delmarva Power	800.898.8042
Little League International	570.326.1921

- **If a player is injured, discuss the situation with the team afterwards, calm them and explain how to prevent a future injury.**

Equipment/Fields & Facilities/Concessions

Equipment

The Equipment Manager is an elected Board Member and is responsible for purchasing and distributing equipment to the individual teams. The Equipment Manager annually inspects the equipment for safety and Little League standards compliance.

Once the equipment is issued, it is the Managers' responsibility to maintain it throughout the season.

***** AS STATED IN THE SAFETY CODE, Managers, Coaches, & Umpires will inspect equipment prior to practices and games and report any issues to the Equipment Manager and/or Safety Officer. *****

Team Equipment Guidelines

- At the beginning of each season, each team will be issued a sufficient number of helmets (at least 6) that meet NOCSAE specifications and standards.
- If players decide to use their own helmets or other gear, it must meet all requirements/specifications as outlined in the Little League Rule Book.
- At the end of the season, all equipment must be returned to the Equipment Manager. First-Aid kits must be turned in with the equipment.
- Teams will immediately notify the Equipment Manager regarding questionable equipment. The Equipment Manager will promptly replace damaged and ill-fitting equipment.

Fields & Facilities

The Fields Director and Facilities Director are elected Board Members and are responsible for upkeep and enhancement of NELL fields and facilities. The Directors assist the Safety Officer in completing the Little League National Facility online Survey yearly. These Directors work with a dedicated group of volunteers that form the grounds and maintenance crews.

Complex and field lighting will be tested prior to the beginning of each season and will be maintained by a third party vendor as needed.

***** AS STATED IN THE SAFETY CODE, Managers, Coaches, & Umpires will inspect the fields, equipment and first aid kits prior to all practices and games and report any issues to the Fields Director, Facilities Director and/or Safety Officer. *****

Storage Buildings/Sheds and Machinery Safety Guidelines

The following applies to all of the storage buildings and machinery used by NELL and applies to anyone who has been issued approval by NELL to use the storage buildings.

- Keys and combinations to the equipment & storage buildings will be issued and recorded by the League President, the Facility Director or delegate will provide verbal instruction on responsibilities and proper actions.
- All storage buildings should be locked at all times.
- All individuals with access to these buildings are aware of their responsibilities for the orderly and safe storage of rakes, shovels, bases and any other equipment and supplies.

North East Little League 2021 Safety Program

- Before using any machinery located in the buildings or on the complex (tractors, lights, scoreboards, pitching machines, P.A. systems etc.) the Facilities or Fields director will provide verbal instruction and/or hands on explanation on how to properly use the equipment.
- All chemical or organic materials will be marked properly as to their contents.
- Check all cords, wheels & overall general condition of pitching machines prior to use.
- Any heavy machinery/equipment should not be operated in a reckless, dangerous or careless manner and should be properly stored when not in use.

Concessions

The Concessions Manager is an elected Board Member and is responsible for managing, staffing, & operating the NELL concession stand. Annually, the Concession Manager is responsible for ensuring the local Health Department standards are met and obtaining the permits needed to operate the concession stand.






The Concession Manager works with a dedicated group of volunteers as well as assigned team volunteers to run a successful & safe operation.

The NELL concession stand has operating and maintenance manuals for all its equipment and workers are trained in the safe operations of this equipment. Below are a few general safety guidelines for the concession stand.

Concessions Stand Safety Guidelines

- No person under the age of 16 will be allowed behind the counter in the concession stands.
- People working in the concession stands will be trained in safe food preparation.
- Cooking equipment will be inspected periodically and repaired or replaced if need be.
- Cleaning chemicals must be stored away from the food preparation area.
- A Certified Fire Extinguisher suitable for grease fires must be placed in plain sight at all times.
- A First-Aid Kit will be placed in the Concession Stand and be readily accessible.
- The Concession Stand main entrance door will not be locked or blocked while people are inside.
- Shut off valves for utilities such as water, electric, cooking equipment, etc. and termination of those services will be documented in the concession stand operating manual..

Volunteers Must Wash Hands

HOW	WHEN
 <p>Wet warm water</p>	<p>Wash your hands before you prepare food or as often as needed.</p>
 <p>Wash 20 seconds Use soap</p>	<p>Wash after you:</p> <ul style="list-style-type: none">▶ use the toilet▶ touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods▶ interrupt working with food (such as answering the phone, opening a door or drawer)▶ eat, smoke or chew gum▶ touch soiled plates, utensils or equipment▶ take out trash▶ touch your nose, mouth, or any part of your body▶ sneeze or cough
 <p>Rinse</p>	<p>Do not touch ready-to-eat foods with your bare hands.</p> <p>Use gloves, tongs, deli tissue or other serving utensils. Remove all jewelry, nail polish or false nails unless you wear gloves.</p>
 <p>Dry Use single-service paper towels</p>	<p>Wear gloves.</p> <p>when you have a cut or sore on your hand when you can't remove your jewelry</p>
 <p>Gloves</p>	<p>If you wear gloves:</p> <ul style="list-style-type: none">▶ wash your hands before you put on new gloves <p>Change them:</p> <ul style="list-style-type: none">▶ as often as you wash your hands▶ when they are torn or soiled

Data and Personal Information Security

North East Little League is aware of the need for protecting the personal information that is necessary for it to collect.

- Paper application forms will be maintained in Administration office.
- NELL will utilize Little League International online forms and systems to eliminate the handling of onsite paperwork with personal data.
- A credit card machine is in use in the Concession stand. Receipts for all credit transactions are not printed and no credit card numbers are saved. The Concession Stand manager is assigned responsibility for credit card compliance regulations and protecting customer's personal information.

Conclusions

NELL is dedicated to providing a safe and friendly Little League experience for our community. 2005 was our inaugural year for the NELL Safety Plan. Through the dedication and teamwork of our volunteers we strive for continuous improvement in Safety and throughout the league.

- During our facilities & fields checks, we are looking for wasps' and bees' nests so we can have them removed, thereby reducing the risk of stings.
- During registrations, ask & identify volunteers with special skills or certifications. We identified sources for materials and supplies as well!
- Response from our volunteers has been overwhelming! Everyone has been more than compliant with the Safety Plan. Volunteers were enthusiastic and excited at the communication and information provided to them. They felt a great sense of support from NELL to do the best job they could!

With everyone's help we can make North East Little League a positive experience for all age groups. Baseball/Softball is "America's Past Time", and we should all strive to make children's involvement a lifelong memory with overall enjoyment while being involved with the community. Our goal is to offer an environment that is fun and safe for all.

Thank you,
North East Little League Safety Officer

North East Little League
2021 Safety Program

Appendix A



Appendix B

Umpire Guidelines

Before the Game — Meet at home plate

- Introduce plate and base umpires, managers/coaches
- Discuss any local playing rules (time limit, playing boundaries, etc.)
- Discuss the strike zone
- Discuss unsportsmanlike conduct by the players
- Discuss the innings pitched by a pitcher rule
- Clarify calling the game due to weather or darkness
- Inspect playing field for unsafe conditions
- Discuss legal pitching motions or balks, if needed
- Discuss no head-first slides, no on-deck circle rules
- Get two game balls from home team
- Be sure players are not wearing any jewelry
- Be sure players are in uniform (shirts in, hats on)
- Inspect equipment for damage and to meet regulations
- Ensure that games start promptly

During the Game — Umpires and Coaches

- Encourage coaches to help speed play by having catchers and players on the bench prepared and ready to take the field with two outs
- Make sure catchers are wearing the proper safety equipment
- Continually monitor the field for safety and playability
- Pitchers warming up in foul territory must have a spotter and catcher with full equipment
- Keep game moving — one minute or eight pitches to warm up the pitcher between innings or in case of mid-inning replacement
- Make calls loud and clear, signalling each properly
- Umpires should be in position to make the call
- No protesting of any judgment calls by the umpire
- Managers are responsible for keeping their fans and players on their best behavior
- Encourage everyone to think “Safety First!”

**LITTLE LEAGUE® BASEBALL AND SOFTBALL
 ACCIDENT NOTIFICATION FORM
 INSTRUCTIONS**



Send Completed Form To:
 Little League® International
 539 US Route 15 Hwy, PO Box 3485
 Williamsport PA 17701-0485
 Accident Claim Contact Numbers:
 Phone: 570-327-1674

Accident & Health (U.S.)

- This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
- Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
- Accident Claim Form must be fully completed - including Social Security Number (SSN) - for processing.

League Name			League I.D.		
Name of Injured Person/Claimant			SSN	Date of Birth (MM/DD/YY)	Age
Name of Parent/Guardian, if Claimant is a Minor			Home Phone (Inc. Area Code)	Bus. Phone (Inc. Area Code)	Sex <input type="checkbox"/> Female <input type="checkbox"/> Male
Address of Claimant			Address of Parent/Guardian, if different		

The Little League Master Accident Policy provides benefits in excess of benefits from other insurance programs subject to a \$50 deductible per injury. "Other insurance programs" include family's personal insurance, student insurance through a school or insurance through an employer for employees and family members. Please CHECK the appropriate boxes below. If YES, follow instruction 3 above.

Does the insured Person/Parent/Guardian have any insurance through:

Employer Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	School Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No
Individual Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dental Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No

Date of Accident	Time of Accident	Type of Injury
	<input type="checkbox"/> AM <input type="checkbox"/> PM	

Describe exactly how accident happened, including playing position at the time of accident:

Check all applicable responses in each column:

<input type="checkbox"/> BASEBALL	<input type="checkbox"/> CHALLENGER (4-18)	<input type="checkbox"/> PLAYER	<input type="checkbox"/> TRYOUTS	<input type="checkbox"/> SPECIAL EVENT (NOT GAMES)
<input type="checkbox"/> SOFTBALL	<input type="checkbox"/> T-BALL (4-7)	<input type="checkbox"/> MANAGER, COACH	<input type="checkbox"/> PRACTICE	<input type="checkbox"/> SCHEDULED GAME(S)
<input type="checkbox"/> CHALLENGER	<input type="checkbox"/> MINOR (6-12)	<input type="checkbox"/> VOLUNTEER UMPIRE	<input type="checkbox"/> TRAVEL TO	(Submit a copy of your approval from Little League Incorporated)
<input type="checkbox"/> TAD (2ND SEASON)	<input type="checkbox"/> LITTLE LEAGUE (9-12)	<input type="checkbox"/> PLAYER AGENT	<input type="checkbox"/> TRAVEL FROM	
	<input type="checkbox"/> INTERMEDIATE (50/70) (11-13)	<input type="checkbox"/> OFFICIAL SCOREKEEPER	<input type="checkbox"/> TOURNAMENT	
	<input type="checkbox"/> JUNIOR (12-14)	<input type="checkbox"/> SAFETY OFFICER	<input type="checkbox"/> OTHER (Describe)	
	<input type="checkbox"/> SENIOR (13-16)	<input type="checkbox"/> VOLUNTEER WORKER		

I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given.

I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form.

I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa. A photostatic copy of this authorization shall be considered as effective and valid as the original.

Date	Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.)
Date	Claimant/Parent/Guardian Signature

North East Little League 2021 Safety Program

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)

Name of League	Name of Injured Person/Claimant	League I.D. Number
Name of League Official		Position in League
Address of League Official		Telephone Numbers (Inc. Area Codes) Residence: () Business: () Fax: ()

Were you a witness to the accident? Yes No
Provide names and addresses of any known witnesses to the reported accident.

Check the boxes for all appropriate items below. At least one item in each column must be selected.

POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY
<input type="checkbox"/> 01 1ST	<input type="checkbox"/> 01 ABRASION	<input type="checkbox"/> 01 ABDOMEN	<input type="checkbox"/> 01 BATTED BALL
<input type="checkbox"/> 02 2ND	<input type="checkbox"/> 02 BITES	<input type="checkbox"/> 02 ANKLE	<input type="checkbox"/> 02 BATTING
<input type="checkbox"/> 03 3RD	<input type="checkbox"/> 03 CONCUSSION	<input type="checkbox"/> 03 ARM	<input type="checkbox"/> 03 CATCHING
<input type="checkbox"/> 04 BATTER	<input type="checkbox"/> 04 CONTUSION	<input type="checkbox"/> 04 BACK	<input type="checkbox"/> 04 COLLIDING
<input type="checkbox"/> 05 BENCH	<input type="checkbox"/> 05 DENTAL	<input type="checkbox"/> 05 CHEST	<input type="checkbox"/> 05 COLLIDING WITH FENCE
<input type="checkbox"/> 06 BULLPEN	<input type="checkbox"/> 06 DISLOCATION	<input type="checkbox"/> 06 EAR	<input type="checkbox"/> 06 FALLING
<input type="checkbox"/> 07 CATCHER	<input type="checkbox"/> 07 DISMEMBERMENT	<input type="checkbox"/> 07 ELBOW	<input type="checkbox"/> 07 HIT BY BAT
<input type="checkbox"/> 08 COACH	<input type="checkbox"/> 08 EPIPHYSES	<input type="checkbox"/> 08 EYE	<input type="checkbox"/> 08 HORSEPLAY
<input type="checkbox"/> 09 COACHING BOX	<input type="checkbox"/> 09 FATALITY	<input type="checkbox"/> 09 FACE	<input type="checkbox"/> 09 PITCHED BALL
<input type="checkbox"/> 10 DUGOUT	<input type="checkbox"/> 10 FRACTURE	<input type="checkbox"/> 10 FATALITY	<input type="checkbox"/> 10 RUNNING
<input type="checkbox"/> 11 MANAGER	<input type="checkbox"/> 11 HEMATOMA	<input type="checkbox"/> 11 FOOT	<input type="checkbox"/> 11 SHARP OBJECT
<input type="checkbox"/> 12 ON DECK	<input type="checkbox"/> 12 HEMORRHAGE	<input type="checkbox"/> 12 HAND	<input type="checkbox"/> 12 SLIDING
<input type="checkbox"/> 13 OUTFIELD	<input type="checkbox"/> 13 LACERATION	<input type="checkbox"/> 13 HEAD	<input type="checkbox"/> 13 TAGGING
<input type="checkbox"/> 14 PITCHER	<input type="checkbox"/> 14 PUNCTURE	<input type="checkbox"/> 14 HIP	<input type="checkbox"/> 14 THROWING
<input type="checkbox"/> 15 RUNNER	<input type="checkbox"/> 15 RUPTURE	<input type="checkbox"/> 15 KNEE	<input type="checkbox"/> 15 THROWN BALL
<input type="checkbox"/> 16 SCOREKEEPER	<input type="checkbox"/> 16 SPRAIN	<input type="checkbox"/> 16 LEG	<input type="checkbox"/> 16 OTHER
<input type="checkbox"/> 17 SHORTSTOP	<input type="checkbox"/> 17 SUNSTROKE	<input type="checkbox"/> 17 LIPS	<input type="checkbox"/> 17 UNKNOWN
<input type="checkbox"/> 18 TO/FROM GAME	<input type="checkbox"/> 18 OTHER	<input type="checkbox"/> 18 MOUTH	
<input type="checkbox"/> 19 UMPIRE	<input type="checkbox"/> 19 UNKNOWN	<input type="checkbox"/> 19 NECK	
<input type="checkbox"/> 20 OTHER	<input type="checkbox"/> 20 PARALYSIS/ PARAPLEGIC	<input type="checkbox"/> 20 NOSE	
<input type="checkbox"/> 21 UNKNOWN		<input type="checkbox"/> 21 SHOULDER	
<input type="checkbox"/> 22 WARMING UP		<input type="checkbox"/> 22 SIDE	
		<input type="checkbox"/> 23 TEETH	
		<input type="checkbox"/> 24 TESTICLE	
		<input type="checkbox"/> 25 WRIST	
		<input type="checkbox"/> 26 UNKNOWN	
		<input type="checkbox"/> 27 FINGER	

Does your league use batting helmets with attached face guards? YES NO
If YES, are they Mandatory or Optional At what levels are they used?

I hereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.

Date	League Official Signature
------	---------------------------

Little League® Baseball & Softball CLAIM FORM INSTRUCTIONS



WARNING — It is important that parents/guardians and players note that: *Protective equipment cannot prevent all injuries a player might receive while participating in baseball/softball.*

To expedite league personnel's reporting of injuries, we have prepared guidelines to use as a checklist in completing reports. It will save time -- and speed your payment of claims.

The National Union Fire Insurance Company of Pittsburgh, Pa. (NUFIC) Accident Master Policy acquired through Little League® contains an "Excess Coverage Provision" whereby all personal and/or group insurance shall be used first.

The Accident Claim Form must be fully completed, including a Social Security Number, for processing. To help explain insurance coverage to parents/guardians refer to *What Parents Should Know* on the internet that should be reproduced on your league's letterhead and distributed to parents/guardians of all participants at registration time.

If injuries occur, initially it is necessary to determine whether claimant's parents/guardians or the claimant has other insurance such as group, employer, Blue Cross and Blue Shield, etc., which pays benefits. (This information should be obtained at the time of registration prior to tryouts.) If such coverage is provided, the claim must be filed first with the primary company under which the parent/guardian or claimant is insured.

When filing a claim, all medical costs should be fully itemized and forwarded to Little League International. If no other insurance is in effect, a letter from the parent/guardian or claimant's employer explaining the lack of group or employer insurance should accompany the claim form.

The NUFIC Accident Policy is acquired by leagues, not parents, and provides comprehensive coverage at an affordable cost. Accident coverage is underwritten by National Union Fire Insurance Company of Pittsburgh, a Pennsylvania Insurance company, with its principal place of business at 175 Water Street, 18th Floor, New York, NY 10038. It is currently authorized to transact business in all states and the District of Columbia. NAIC Number 19445. This is a brief description of the coverage available under the policy. The policy will contain limitations, exclusions, and termination provisions. Full details of the coverage are contained in the Policy. If there are any conflicts between this document and the Policy, the Policy shall govern.

The current insurance rates would not be possible without your help in stressing safety programs at the local level. The ASAP manual, **League Safety Officer Program Kit**, is recommended for use by your Safety Officer.

TREATMENT OF DENTAL INJURIES

Deferred Dental Treatment for claims or injuries occurring in 2002 and beyond: If the insured incurs injury to sound, natural teeth and necessary treatment requires that dental treatment for that injury must be postponed to a date more than 52 weeks after the date of the injury due to, but not limited to, the physiological changes occurring to an insured who is a growing child, we will pay the lesser of the maximum benefit of \$1,500.00 or the reasonable expense incurred for the deferred dental treatment. Reasonable expenses incurred for deferred dental treatment are only covered if they are incurred on or before the insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury is sustained.

CHECKLIST FOR PREPARING CLAIM FORM

1. Print or type all information.
2. Complete all portions of the claim form before mailing to our office.
3. Be sure to include league name and league ID number.

PART I - CLAIMANT, OR PARENT(S)/GUARDIAN(S), IF CLAIMANT IS A MINOR

1. The adult claimant or parent(s)/guardians(s) must sign this section, **if the claimant is a minor.**
2. Give the name and address of the injured person, along with the name and address of the parent(s)/guardian(s), if claimant is a minor.
3. Fill out all sections, including check marks in the appropriate boxes for all categories. **Do not leave any section blank. This will cause a delay in processing your claim and a copy of the claim form will be returned to you for completion.**
4. It is mandatory to forward information on other insurance. Without that information there will be a delay in processing your claim. If no insurance, written verification from each parent/spouse employer must be submitted.
5. Be certain all necessary papers are attached to the claim form. (See instruction 3.) Only itemized bills are acceptable.
6. On dental claims, it is necessary to submit charges to the major medical and dental insurance company of the claimant, or parent(s)/guardian(s) if claimant is a minor. "Accident-related treatment to whole, sound, natural teeth as a direct and independent result of an accident" must be stated on the form and bills. Please forward a copy of the insurance company's response to Little League International. Include the claimant's name, league ID, and year of the injury on the form.

PART II - LEAGUE STATEMENT

1. This section must be filled out, signed and dated by the **league official.**
2. Fill out all sections, including check marks in the appropriate boxes for all categories. **Do not leave any section blank. This will cause a delay in processing your claim and a copy of the claim form will be returned to you for completion.**

IMPORTANT: Notification of a claim should be filed with Little League International within 20 days of the incident for the current season.

North East Little League
2021 Safety Program

Appendix D

For Local League Use Only

Activities/Reporting

**A Safety Awareness Program's
Incident/Injury Tracking Report**

League Name: _____ League ID: ____ - ____ - ____ Incident Date: _____
 Field Name/Location: _____ Incident Time: _____
 Injured Person's Name: _____ Date of Birth: _____
 Address: _____ Age: _____ Sex: Male Female
 City: _____ State _____ ZIP: _____ Home Phone: () _____
 Parent's Name (If Player): _____ Work Phone: () _____

 Parents' Address (if Different): _____ City _____

Incident occurred while participating in:

A.) Baseball Softball Challenger TAD
 B.) Challenger T-Ball Minor Major Intermediate (50/70)
 Junior Senior Big League
 C.) Tryout Practice Game Tournament Special Event
 Travel to Travel from Other (Describe): _____

Position/Role of person(s) involved in incident:

D.) Batter Baserunner Pitcher Catcher First Base Second
 Third Short Stop Left Field Center Field Right Field Dugout
 Umpire Coach/Manager Spectator Volunteer Other: _____

Type of Injury: _____

Was first aid required? Yes No If yes, what: _____

Was professional medical treatment required? Yes No If yes, what: _____
 (If yes, the player must present a non-restrictive medical release prior to being allowed in a game or practice.)

Type of Incident and location:

A.) On Primary Playing Field	B.) Adjacent to Playing Field	D.) Off Ball Field
<input type="checkbox"/> Base Path: <input type="checkbox"/> Running or <input type="checkbox"/> Sliding	<input type="checkbox"/> Seating Area	<input type="checkbox"/> Travel:
<input type="checkbox"/> Hit by Ball: <input type="checkbox"/> Pitched or <input type="checkbox"/> Thrown or <input type="checkbox"/> Batted	<input type="checkbox"/> Parking Area	<input type="checkbox"/> Car or <input type="checkbox"/> Bike or
<input type="checkbox"/> Collision with: <input type="checkbox"/> Player or <input type="checkbox"/> Structure	C.) Concession Area	<input type="checkbox"/> Walking
<input type="checkbox"/> Grounds Defect	<input type="checkbox"/> Volunteer Worker	<input type="checkbox"/> League Activity
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Customer/Bystander	<input type="checkbox"/> Other: _____

Please give a short description of incident: _____

Could this accident have been avoided? How: _____

This form is for local Little League use only (should not be sent to Little League International). This document should be used to evaluate potential safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all Accident claims or injuries that could become claims to any eligible participant under the Accident Insurance policy, please complete the Accident Notification Claim form available at http://www.littleleague.org/Assets/forms_pubs/asap/AccidentClaimForm.pdf and send to Little League International. For all other claims to non-eligible participants under the Accident policy or claims that may result in litigation, please fill out the General Liability Claim form available here: http://www.littleleague.org/Assets/forms_pubs/asap/GLClaimForm.pdf

Prepared By/Position: _____ Phone Number: () _____
 Signature: _____ Date: _____

Appendix E

Lightning Detector Instructions

GENERAL DESCRIPTION

Each time SkyScan detects a lightning stroke, it emits an audible warning tone (if this feature has been turned on by the user; see Section 5 in Basic Operation) and lights the Range indicator column. The full column stays lit for approximately 3 seconds. The single indicator corresponding to the range of detected stroke will then blink for approximately 25 seconds. This feature allows you to quickly see the distance to the last, closest detected stroke without waiting for SkyScan to detect a new stroke.

VERY IMPORTANT! Because the average stroke of lightning is 6 miles long, and because thunderstorms can move at speeds of up to 25 mph or more, you are in immediate danger any time there is detected lightning activity within 8-10 miles of your location. You must also remember that SkyScan does not predict where the next lightning stroke might occur. Thunderstorms are unpredictable and should be considered extremely dangerous. **BE AWARE THAT STORMS CAN FORM DIRECTLY OVER YOUR LOCATION, OFFERING LITTLE OR NO ADVANCE WARNING, EVEN WHEN USING A SKYSCAN.**

IMPORTANT! Whenever thunderstorms are present, take immediate shelter and obtain more information from your local or regional weather professionals.

Your SkyScan may also identify certain types of especially strong storms. These storms can produce dangerous winds, heavy rains or tornadoes. When SkyScan detects lightning patterns indicating the presence of these storms, it activates the Severe Thunderstorm Alarm and emits a distinctive 15 second continuous audible tone different from the detection of normal lightning activity.

Once activated, the severe thunderstorm alarm remains on for approximately 15 minutes. At the end of this period, the SkyScan checks again for indications of severe storm activity. If none is detected, the Severe Thunderstorm Alarm is turned off. If severe thunderstorm conditions are still detected, the indicator remains on for another 15 minutes, accompanied by another 15 second warning tone.

IMPORTANT! There are two types of lightning produced by a thunderstorm, cloud to-ground and cloud-to-cloud. For any user on the ground, the cloud to-ground is the most dangerous. SkyScan is designed to detect cloud to-ground lightning strokes. While it may detect cloud-to-cloud lightning strokes, there may be occasions where storms will produce cloud-to-cloud lightning strokes that are not detected by the SkyScan. User should therefore still exercise extreme caution when exposed to lightning storms.

SkyScan is designed to operate in a vertical position. The case is designed for proper orientation when placed on a flat, stable surface. An alternative is to use the Optional Wall Mount (see the Accessory Order Form included with this manual). If the SkyScan is used in any other fashion, loss of accuracy and sensitivity may result.

Your SkyScan contains hardware and ware protection against false triggering. False triggering is defined as displaying strikes that are not real. Certain electronic products and other devices (TVs, home computer displays, motors, gasoline engines, radio transmitters, or other high power communications equipment) emit high levels of electromagnetic noise which interfere with the normal detection of lightning/storm activity, and will cause the unit to false trigger. This is particularly true of some brands of older TVs and computer equipment. SkyScan has the ability to identify this type of problem alert you by continuously cycling all of its indicators on the unit, as it does when unit is first turned on.

IMPORTANT! The false triggering alert process takes approximately 60 seconds to initiate. During this time, the SkyScan may continue to display false triggers as if they were lightning strokes. When the noise source has been identified as coming from something other than lightning, the SkyScan will start the

To activate the Range Select function, press the switch repeatedly until the desired range category indicator is on. Do not touch the switch for a period of 3 seconds, and this range will be entered in the computer. To change the selected range, simply repeat the process.

5.) TONE SWITCH

The Audible Warning Tone sounds for approximately 1 second each time the SkyScan detects a lightning stroke. The Audible Warning Tone can be turned on or off by pressing the Tone Switch. When the Tone indicator is blinking, the Tone is operational. When the indicator is off, the Tone has been deactivated.

IMPORTANT! The Tone function must always be turned on by the user when SkyScan is turned on. ALWAYS check to see that the tone indicator is blinking to be sure it is active.

6.) BATTERY SAVE SWITCH

The Battery Save feature allows you to extend the operational life of the 9-volt batteries by deactivating most of the SkyScan visual indicators. To activate the Battery Save feature, simply press the Battery Save switch once. The Battery Save indicator will blink, and all other indicators on the SkyScan will turn off. Activating the Battery Save feature automatically turns on the Audible Tone, even if this function has been previously turned off. Once in Battery Save mode, the SkyScan continues to detect lightning strokes. Now, however, each detected stroke is indicated only by a 1 second warning tone at the range set by the user (see Section 4). To return the SkyScan to normal visual display of detected lightning strokes, simply press the Battery Save switch once.

IMPORTANT! If the Audible Tone was deactivated before selecting Battery Save it will be disabled when the SkyScan is returned to normal display mode.

Pressing the Battery Save switch twice in quick succession turns off the automatic 5 hour turn-off feature. To indicate activation of this feature, the On/Off indicator stays on continuously, without blinking.

IMPORTANT! This feature should be used only when SkyScan is connected to an external power source via the optional External Power Adapter.

Even in Battery Save mode, the Severe Thunderstorm indicator will illuminate whenever this type of storm has been identified by the SkyScan.

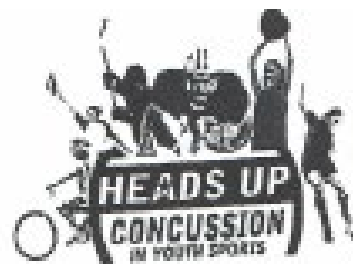
CARE AND MAINTENANCE

SkyScan has been manufactured of the highest quality materials and components. It should provide you with years of service with minimum maintenance. A few important tips will maximize the operational life of your SkyScan.

Remember, SkyScan is weather-resistant, but it is NOT waterproof. Your SkyScan should NEVER be immersed in water.

Whenever you have used your SkyScan under damp, humid or rainy conditions, it is recommended you remove the batteries and dry the battery terminals to prevent corrosion.

If SkyScan is to be stored for an extended period of time, the batteries should be removed and the unit should be stored away from high temperature, high humidity, or corrosive substances.



Parent/Athlete Concussion Information Sheet

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports **one** or more symptoms of concussion listed below after a bump, blow, or jolt to

Did You Know?

- Most concussions occur *without* loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

the head or body, she should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says she is symptom-free and it's OK to return to play.

SIGNS OBSERVED BY COACHING STAFF	SYMPTOMS REPORTED BY ATHLETES
<ul style="list-style-type: none"> Appears dazed or stunned Is confused about assignment or position Forgets an instruction Is unsure of game, score, or opponent Moves clumsily Answers questions slowly Loses consciousness (even briefly) Shows mood, behavior, or personality changes Can't recall events prior to hit or fall Can't recall events after hit or fall 	<ul style="list-style-type: none"> Headache or "pressure" in head Nausea or vomiting Balance problems or dizziness Double or blurry vision Sensitivity to light Sensitivity to noise Feeling sluggish, hazy, foggy, or groggy Concentration or memory problems Confusion Just not "feeling right" or "feeling down"

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (*even a brief loss of consciousness should be taken seriously*)

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. *They can even be fatal.*

It's better to miss one game than the whole season. For more information on concussions, visit: www.cdc.gov/Concussion.

Remember

Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

North East Little League
2021 Safety Program

Appendix G



Little League Baseball and Softball
MEDICAL RELEASE



NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or International Tournament affidavit.

Player: _____ Date of Birth: _____ Gender (M/F): _____
 Parent (s)/Guardian Name: _____ Relationship: _____
 Parent (s)/Guardian Name: _____ Relationship: _____
 Player's Address: _____ City: _____ State/Country: _____ Zip: _____
 Home Phone: _____ Work Phone: _____ Mobile Phone: _____

PARENT OR LEGAL GUARDIAN AUTHORIZATION: _____ Email: _____

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Family Physician: _____ Phone: _____
 Address: _____ City: _____ State/Country: _____
 Hospital Preference: _____
 Parent Insurance Co: _____ Policy No.: _____ Group ID#: _____
 League Insurance Co: _____ Policy No.: _____ League/Group ID#: _____

If parent(s)/legal guardian cannot be reached in case of emergency, contact:

_____	_____	_____
Name	Phone	Relationship to Player
_____	_____	_____
Name	Phone	Relationship to Player

Please list any allergies/medical problems, including those requiring maintenance medication. (i.e. Diabetic, Asthma, Seizure Disorder)

Medical Diagnosis	Medication	Dosage	Frequency of Dosage

Date of last Tetanus Toxoid Booster: _____

The purpose of the above listed information is to ensure that medical personnel have details of any medical problem which may interfere with or alter treatment.

Mr./Mrs./Ms.  _____ Date: _____
 Authorized Parent/Guardian Signature

FOR LEAGUE USE ONLY:

League Name: _____ League ID: _____
 Division: _____ Team: _____ Date: _____

WARNING: PROTECTIVE EQUIPMENT CANNOT PREVENT ALL INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN BASEBALL/SOFTBALL. Little League does not limit participation in its activities on the basis of disability, race, color, creed, national origin, gender, sexual preference or religious preference.

Appendix H

WARNING: Protective equipment cannot prevent all injuries a player might receive while participating in Baseball / Softball.

WHAT PARENTS SHOULD KNOW ABOUT LITTLE LEAGUE® INSURANCE

The Little League Insurance Program is designed to afford protection to all participants at the most economical cost to the local league. The Little League Player Accident Policy is an excess coverage, accident only plan, to be used as a supplement to other insurance carried under a family policy or insurance provided by an employer. If there is no primary coverage, Little League insurance will provide benefits for eligible charges, up to Usual and Customary allowances for your area. A \$50 deductible applies for all claims, up to the maximum stated benefits.

This plan makes it possible to offer exceptional, affordable protection with assurance to parents that adequate coverage is in force for all chartered and insured Little League approved programs and events.

If your child sustains a covered injury while taking part in a scheduled Little League Baseball or Softball game or practice, here is how the insurance works:

1. The Little League Baseball and Softball accident notification form must be completed by parents (if the claimant is under 19 years of age) and a league official and forwarded directly to Little League Headquarters within 20 days after the accident. A photocopy of the form should be made and kept by the parent/claimant. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills, including description of service, date of service, procedure and diagnosis codes for medical services/ supplies and/or other documentation related to a claim for benefits are to be provided within 90 days after the accident. In no event shall such proof be furnished later than 12 months from the date the initial medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/ Letter of Denial for each charge directly to Little League International, even if the charges do not exceed the deductible of the primary insurance program.

North East Little League
2021 Safety Program

4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.

5. Limited deferred medical/dental benefits may be available for necessary treatment after the 52-week time limit when:

(a) Deferred medical benefits apply when necessary treatment requiring the removal of a pin /plate, applied to transfix a bone in the year of injury, or scar tissue removal, after the 52-week time limit is required. The Company will pay the Reasonable Expense incurred, subject to the Policy's maximum limit of \$100,000 for any one injury to any one Insured. However, in no event will any benefit be paid under this provision for any expenses incurred more than 24 months from the date the injury was sustained.

(b) If the Insured incurs Injury, to sound, natural teeth and Necessary Treatment requires treatment for that Injury be postponed to a date more than 52 weeks after the injury due to, but not limited to, the physiological changes of a growing child, the Company will pay the lesser of: 1. A maximum of \$1,500 or 2. Reasonable Expenses incurred for the deferred dental treatment. Reasonable Expenses incurred for deferred dental treatment are only covered if they are incurred on or before the Insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury occurs. No payment will be made for deferred treatment unless the Physician submits written certification, within 52 weeks after the accident, that the treatment must be postponed for the above stated reasons. Benefits are payable subject to the Excess Coverage and the Exclusions provisions of the Policy.

We hope this brief summary has been helpful in providing a better understanding of the operation of the Little League insurance program.

SAFE TO COMPETE

TIPS for PROTECTING CHILD ATHLETES from Sexual Abuse

Every child athlete deserves a safe and fun sports experience.
Use these tips to help your child have one.

Make a game plan

Ask these questions to find out if preventing child sexual abuse is a priority for your child's youth-sports program.

- Are background checks performed on all staff with access to youth?
- Does staff receive training on recognizing and reporting child sexual abuse? How often?
- Is there a staff code of conduct/ethics? Does it address inappropriate behaviors?
- What is your organization's reporting procedure?

Know the plays

Every youth-sports program should have policies addressing:

Bullying and hazing - There should be a zero-tolerance policy.

Coach-athlete communications - Staff should not communicate with youth about non-sports related matters. Parents should be included in all communications, including those via text message, telephone or social media.

Locker and restrooms - These areas should be supervised by two staff of the same sex as the children using them. Staff should respect children's privacy while supervising them. Parents should have access to the facilities in order to assist young children and those with disabilities.

Supervision - Children should be supervised by at least two staff while at all team activities.

Travel - Staff should not stay in the same hotel rooms as youth.

Get off the bench

Child sex abusers often target youth whose parents appear uninvolved. Help protect your child by being an active participant in his or her athletic experience.

Go to practices and games. You'll be able to get to know the staff and monitor their treatment of children.

Talk to your child about being on the team. If he or she does not like it, find out why. It may indicate a more serious problem or concern.

Help children set boundaries. Teach them they have the right to be treated with respect, even by adults.

Empower youth to say "no." Let them know it's OK to stand up to anyone who makes them feel confused or uncomfortable. Use role-playing scenarios to practice this skill.

Speak up. Address red flag behaviors by speaking with the team's coach. If the issue remains unresolved, discuss your concerns with the organization's administration.

Report. Contact local law enforcement with suspicions of child sexual abuse immediately. Call the National Center for Missing & Exploited Children® at 1-800-THE-LOST® (1-800-843-5678) for additional assistance.

Be a team player. Not all children have someone looking out for them. Bring up red flag behaviors even if your child is not the one being affected.

Learn red flag behaviors

While these warning signs do not always indicate abuse, they do cross appropriate athlete-coach boundaries.

-  Singling youth out for special attention or gift giving.
-  Spending one-on-one time with children such as in private practice sessions.
-  Touching children in ways not related to training for the sport.
-  Telling youth sexual or inappropriate jokes and stories.
-  Commenting on children's appearances when not related to the sport.

For more resources visit www.SafeToCompete.org

Copyright © 2013 National Center for Missing & Exploited Children. All rights reserved.

Tip for Protecting Child Athletes from Sexual Abuse is adapted from Know The Rules...For Child Safety by Youth Sports copyright © 2000, 2008 and 2011 National Center for Missing & Exploited Children. All rights reserved.

This project was supported by Grant No. 2020-MC-FB-H021 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. Parts of text or graphics in this document are those of the author and do not necessarily represent the official position or positions of the U.S. Department of Justice, Know The Rules®, National Center for Missing & Exploited Children® and 1-800-THE-LOST® are registered trademarks of the National Center for Missing & Exploited Children.



Appendix J-Covid-19 Mitigation Protocol

General Guidance

- Wash Hands Often
- If soap and water are not available use hand sanitizer
- Players are encouraged to bring their own hand sanitizer
- Cover mouth and nose with Cloth Face Covering when around others
- All players coaches volunteers contractors and spectators should practice social distancing of six feet apart wherever possible

On-Field Guidance

- No Handshakes/Personal Contact Celebrations
- Managers/coaches/umpires and players should bring their own personal drinks to all team activities – labeled with the person's name
- No team shared beverages allowed
- No sharing of any snacks or food

Personal Protective Equipment

- All managers/coaches/volunteers/umpires should wear face coverings when in close contact areas – including dugouts
- Players should not wear protective medical gloves on the field
- Players are not required to wear a cloth face covering while on the field during game play
- A player is permitted to wear a cloth face covering on the field based on a directive of medical provider/parent/guardian or caretaker

Dugouts

- Managers/coaches and players should maintain social distancing in the dugout
- Managers/coaches and players must wear a cloth face covering while in the dugout

Equipment

- Players must have their own helmet/gloves/bat and catcher's equipment
 - o Any division with a catcher, the catcher must provide their own personal gear and NOT share.
- No equipment sharing, this includes hats, helmets, bats and gloves.
- Players should not share towels/clothing or other items

Baseballs and Softballs

- Should be rotated through every two innings. Defensive team provides the baseball for each half inning.
- Umpires should limit their contact with ball
- No spectators should retrieve foul balls

Spitting & Chewing

- No seeds allowed
- No gum allowed
- Refrain from spitting

Game Operations and Umpire Guidance

Pre-Game

- Eliminate plate meeting if possible – if held minimum number of people
- Maintain 6 feet separation between individuals – no players
- Everyone wears face covering

Equipment Inspection

- Umpires should avoid direct contact with equipment
- If required – use hand sanitizer

Limit League/Game Volunteers

- During game/practices

Umpire Placement

- It is the umpire's discretion to be behind the mound or the catcher to call balls and strikes
- Umpires are encouraged to wear face coverings while umpiring

Facility Fan and Administrative Guidance

Cleaning and Disinfecting

- Clean and disinfect frequently touched surfaces daily and in between all facility uses
- Spread out scheduling of practices and games
- Schedule arrivals so that no large groups are congregating at one time
- Determine current – County/State requirements for maximum number of people allowed to gather at one place
- Allow time between games/practices for cleaning and disinfecting

Limiting Spectator Attendance

- All spectators should follow social distancing – 6 feet away
- Members of the same family who traveled together may sit together
- Wear face covering at all times – avoid direct hand or other contact
- Bringing your own seating or portable chairs is encouraged
- Spectator should not attend a game/practice if they have an active Covid-19 infection/Fever or Cough/or a known direct contact with an individual testing positive for Covid-19

Public Restrooms

- Only one individual permitted within the restroom at one time
- Prior to and after any league activity restrooms should be disinfected

Concession Stands

- Follow local/state guidance for operations
- Wear face coverings and gloves at all times
- Disinfect area regularly

Post Information

- Display posters and signs throughout the complex to frequently remind visitors to take steps to prevent spread of Covid-19
 - o Stay home if you are sick or do not feel well
 - o Social Distancing – 6 feet apart
 - o CDC has downloadable resources for posting in public places